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# ΕΛΛΗΝΙΚΗ ΟΜΟΣΠΟΝΔΙΑ ΠΟΔΗΛΑΣΙΑΣ



Μεγάλος Χορηγός

## BALKAN OPEN ROAD CYCLING CHAMPIONSHIPS

[Technical Guide](#) (updated 8.8.2023)

Hellenic Cycling Federation in cooperation with Region of Thessaly and under the technical supervision of Balkan Cycling Union (BCU) organizes Balkan Open Regional Cycling Road Championships 2023 for Men and Women Elite (Elite+U23), Junior and Cadet categories.

### 1.1 Race Schedule

#### Thursday, 24th of August 2023 (City of Larissa)

- 15:00 - 17:00 Riders Registration ([Prefecture of Larissa building](#))  
18:00 Team Managers Meeting ([Prefecture of Larissa building](#))  
20:00 Team Presentation ([Central Square of Larissa](#))

#### Friday, 25th of August 2023 (Sarakina village, Municipality of Kalambaka)

Start/Finish: (<https://goo.gl/maps/sELKi6Ge7EKtQNBX7>)

- 16:00 Time Trial all categories
- Men Elite/U23 30km
  - Men Junior/Women Elite 20km
  - Men Cadet/Women Junior/Women Cadet 12km
- 20:00 Award Ceremony ([Central Square of Kalabaka](#))

#### Saturday, 26th of August 2023

Start/Finish: City of Karditsa

- 09:30 Men Cadet Road Race 79km  
09:40 Women Cadet Road Race 60km  
12:00 Award Ceremony ([Municipal Stadium of Karditsa](#))  
16:00 Men Junior Road Race 116km  
20:00 Award Ceremony ([Municipal Stadium of Karditsa](#))

#### Sunday, 27th of August 2023

Start: City of Volos ([University of Thessaly](#)), Finish: City of Larissa

- 10:00 Men Elite/U23 Road Race 146,7km  
10:10 Women Elite/U23, Women Juniors Road Race 83.2km  
14:00 Award Ceremony ([Central Square of Larissa](#))

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## 1.2 Venue/Race course:

- Time Trial All Categories Start/Finish/Award Ceremony: City of Kalabaka
- Road Race Men Junior, Men Cadet, Women Cadet Start/Finish/Award Ceremony: City of Karditsa
- Road Race Men Elite/U23, Women Elite, Women Juniors Start: City of Volos
- Road Race Men Elite/U23, Women Elite, Women Juniors Finish/Award Ceremony: City of Larissa

## 1.3 Participation/Registration:

- 1.3.1 Balkan Open Road Championships are open for national delegations, regionals committees or cycling clubs from countries based in Balkan Region and are official members of BCU.
- 1.3.2 Each National Team must be comprised by riders with same nationality and must be represent National Team (wearing national team outfit).
- 1.3.3 Team Composition (**maximum** number of participants)

Category	Age	Time Trial	Road Race
Men Elite	23+	1	2
Men U23	19-22	2	4
Men Junior	17-18	3	5
Men Cadet	15-16	3	5
Women (Elite+U23)	19+	2	3
Women Junior	17-18	2	3
Women Cadet	15-16	2	3

- 1.3.4 National federations may replace maximum **two** competitors registered for each competition, provided that names and surnames of the two competitors replacing them, will be communicated in writing to the organisers, not later than two days before the competitions start.
- 1.3.5 All riders must have valid license from NF with UCI ID.
- 1.3.6 Registration form must be sent until **Monday, August 14th, 2023** via e-mail: [eopbike@otenet.gr](mailto:eopbike@otenet.gr). For National delegations only, a copy of the registration form must be also sent to Balkan Cycling Union secretariat ([promarco@mts.rs](mailto:promarco@mts.rs)).
- 1.3.7 Registration form must include *Surname, Name, UCI ID, Year of birth and the desired competitions* for each rider.
- 1.3.8 No rider can enter the race without completing the registration form.
- 1.3.9 Registration form must include Team Manager name, UCI-ID, phone number and e-mail address.
- 1.3.10 List of entered riders/delegations will be announced 72 hours prior to first competition.

Start lists will be announced in Technical Meeting after the registration and number distribution.

- 1.3.11 Except in a case of force majeure, a national federation registered for participation in the Balkan Championship that fail to appear may cause a penalization, according BCU Technical Rules.
- 1.3.12 Except in a case of force majeure, a rider registered for participation and failing to present at the start line may cause a penalization, according BCU Technical Rules. Injury or an illness will not be accepted as a case of force majeure, unless the official doctor confirms that the rider is not able to start.

#### **1.4 Secretariat/Race Office:**

- 1.4.1 Race offices will operate according race schedule close to start/finish area. Temporary Secretariat offices will be operated prior and after competition of each day, close to start and finish areas.
- 1.4.2 During riders registration all team managers must present valid UCI licenses for their delegation and riders passports if needed or asked by the Commissaires.

#### **1.5 Technical Meeting:**

- 1.5.1 Team Managers meeting according race schedule (Thursday, August 24th - 18:00pm). Meeting room will be in the building of Larissa Prefecture. Team Managers presence is strongly recommended.
- 1.5.2 Additional technical meetings may be organized in case of need.

#### **1.6 Specific Regulations:**

- 1.6.1 Race will be run according UCI Regulations for Road and Equipment of riders. Rules of Hellenic National Federation will apply for Cadet riders (Men and women).
- 1.6.2 Elite and U23 riders will have one, combined classification. No separate results for U23 categories will be published.
- 1.6.3 There will be two classifications in each race/category. Open Classification for all participants, Balkan Championships Classification for riders competing under National Team status.

#### **1.7 Technical Aspects:**

- 1.7.1 Riders are responsible for their equipment.
- 1.7.2 Cadet (men and women) will have maximum gear 7.63m
- 1.7.3 Cadet (men and women) in Time Trial competitions are not allowed to use any aero equipment such as TT Bicycles, Aero-bars, Disc or any other type of wheels less than 12 spokes.
- 1.7.4 Cadet (Men and women) wheels in all competitions will have maximum profile of 35mm.

#### **1.8 Prizes:**

- 1.8.1 A medal will be awarded to top three riders Men and Women (Elite, Junior and Cadet

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categories).

1.8.2 Winner of Balkan Championship in each discipline will be awarded a Balkan Champion's jersey.

1.8.3 Other prizes for the podium riders such as flowers etc. will be announced.

#### 1.9 Award Ceremony:

According the schedule. Riders will be presented to podium in their sporting outfit with no accessories (sunglasses, caps, bottles etc). No bikes are allowed.

#### 1.10 Doping Control:

In case of doping control procedures by National Anti-doping Agency, an announcement will be communicated each day according UCI, NF and National Anti-doping Agency regulations.

1.11 **Penalties:** Penalties as described by the UCI rules will be applied.

#### 1.12 Commissaires Panel:

President of Commissaires Panel and members of panel will be appointed from Hellenic Cycling Federation.

1.13 **Race director:** Mr. Dimitrios Konstantopoulos +30 6944526247, [dimkon.cyclisme@gmail.com](mailto:dimkon.cyclisme@gmail.com)

#### 1.14 Participation declaration:

1.14.1 By participating in the race, the rider accepts the content and conditions of this competition notice.

1.14.2 All participants in any form, riders, coaches, attendants, spectators and all those involved in the organization, accept that their personal information, the results of the races with their performances, photos, videos, be given to press, social media etc, and to be processed by the organizer of the match and its co-organizers.

1.13.3 The race schedule may be modified according to the specifics of the race. Responsible for formalizing the program of the race, as well as for anything not provided for in this technical guide, are the representative of the NF Technical Committee and the PCP of the race.

1.15 **Hospital:** Closest hospital(s) to race venues:

- **Sarakina/Kalabaka:** Medical Center of Kalabaka
- **Karditsa:** Karditsa General Hospital
- **Larissa:** Larissa University General Hospital

#### 1.16 Pandemic Covid-19 Protocol:

The approved by NF and Ministry of Sports pandemic covid-19 protocol is in force, everywhere in the venue.

1.17 **Complaints - Appeals:** Any appeals will be decided by the President of the Commissaires Panel and 2 Commissaires appointed by him. The appeals are to be submitted in writing, to the President of the Commissaires Panel. An appeal may be submitted only by a Team Manager of the National Team putting in a complaint. An appeal is to be submitted not later than 10 minutes on arrival of the last competitor to the finish line or after the announcement of the disputed decision.

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Any complaints to the Appeal Jury is to be submitted not later than 30 minutes from the announcement of the official race results and the decision of the Commissaires Panel.

### 1.18 Race Map:

Attached details for each route:

- TT Men Elite/U23 : <https://www.strava.com/routes/3121336473835331004>
- TT Women Elite/U23 - Men U19 :  
<https://www.strava.com/routes/3121335017759879612>
- TT Women U19 - Men U17, Women U17 :  
<https://www.strava.com/routes/3121334155601060058>
- RR Men Elite/U23 : <https://www.strava.com/routes/3121374799699176666>
- RR Women Elite/U23/U19 : <https://www.strava.com/routes/3121370879656988092>
- RR Men U19 : <https://www.strava.com/routes/3121356506339949786>
- RR Men U17 : <https://www.strava.com/routes/3121353074628267452>
- RR Women U17 : <https://www.strava.com/routes/3121353672545374426>

All links above are accessible for everyone. Strava registered users can also download a gpx file to their smart devices..

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